

Wish to improve your Healthcare Lifestyle?

**23 SEPTEMBER 2015**

**You are invited to the launch of a  
new initiative for**

**EASTBOURNE RESIDENTS**

*at the* **Postgraduate Lecture Theatre  
Eastbourne DGH, Kings Drive**

**Free Admission Starts 6.15pm - Ends 7.15pm**

**HOPE TO SEE YOU THERE**

**20+ free presentations in  
the community including:**

<b>Sitting v Standing</b>	<b>Middle Age</b>	<b>Oral Health</b>	<b>Stones</b>
<b>Women's Health</b>	<b>Obesity</b>	<b>Men's' Health</b>	<b>Your Heart</b>
<b>Prostate Cancer</b>	<b>Your Lungs</b>	<b>Screening</b>	<b>Old Age</b>

This initiative is organised for the benefit of  
Eastbourne's community by the local charity

**Medi Tech Trust** [Reg. No. 1157837]



LOTTERY FUNDED